



QUARTERLY NEWSLETTER

JANUARY - MARCH 2019

HELLO, 2019! WE HOPE YOU ALL HAD A WONDERFUL HOLIDAY SEASON AND ARE READY TO START THE NEW YEAR! WE ARE SO EXCITED AS ALWAYS TO SPEND A NEW YEAR WITH ALL OF YOUR YOUNG ADULTS, WITH NEW ADVENTURES PLANNED FOR EACH WEEK!

DAY HABILITATION NEWS

ALL OF THE YOUNG ADULTS AND STAFF HAD SUCH A WONDERFUL TIME AT THE CHRISTMAS PARTY! THANK YOU SO MUCH TO ALL OF YOU WHO DONATED GOODS, FOODS, DRINKS, AND DESSERTS TO THE PARTY! AS WELL AS THOSE OF YOU WHO TOLD US ABOUT NEW GAMES TO TRY! IT IS ALWAYS A HIGHLIGHT OF OUR YEAR, BUT 2018'S WAS REALLY SPECIAL! THANK EVERYONE WHO ATTENDED OUR CHRISTMAS FORMAL AT MONUMENT INN! IT WAS SO NICE TO SPEND TIME WITH ALL THE FAMILIES AND YOUNG ADULTS. THANK YOU TO EVERYONE AT DEER PARK ROTARY FOR THE GIFT CARD DONATIONS!



EXCITING EVENTS AT NEXT STEP!

COOKING CLASSES

OUR COOKING CLASSES FOR THE MONTH OF JANUARY ARE FOCUSED ON HEALTHY EATING. EACH CLASS HAS INSPIRED CONVERSATION ABOUT HOW TO CHOOSE HEALTHY FOODS, HOW TO PREPARE THEM, AND UNHEALTHY FOODS. SO FAR THE YOUNG ADULTS HAVE ENJOYED MAKING CAULIFLOWER STIR FRY AND GETTING A CHANCE TO JUICE.

OUTINGS

PLEASE MAKE SURE YOU NOTIFY STAFF IF YOUR YOUNG ADULT WOULD LIKE TO ATTEND AN OUTING AND THEY ARE NON-VERBAL. ALL OUTINGS MARKED "\$ MGMT" ARE AN OPPORTUNITY FOR YOUNG ADULTS TO USE MONEY SKILLS THEY PRACTICE DURING DAY HABILITATION IN THE REAL WORLD. THE PRICES LISTED FOR THOSE ARE SUGGESTIONS, PLEASE USE YOUR BEST DISCRETION WHEN SENDING MONEY.

VALENTINE'S DAY PARTY

OUR VALENTINE'S DAY PARTY WILL TAKE PLACE ON THURSDAY, FEBRUARY 14, 2019, DURING DAY HABILITATION HOURS (DUE TO CAPACITY RESTRICTIONS, YOUNG ADULTS AND STAFF WILL BE THE ONLY ONES IN ATTENDANCE)
 YOUR YOUNG ADULT WILL NEED A SHOEBOX TO DECORATE BY FEBRUARY 1, 2019
 YOUNG ADULTS WILL HAVE THE OPPORTUNITY TO PARTICIPATE IN A TALENT SHOW DURING THE PARTY
 IF YOU WOULD LIKE TO SEND ANY SNACKS, DRINKS, DESSERTS, OR SUPPLIES FOR THE PARTY PLEASE LET US KNOW VIA EMAIL

REMINDERS

ILLNESS AT NEXT STEP

PLEASE KEEP YOUR YOUNG ADULT HOME IF THEY HAVE ANY SORT OF ILLNESS OR SIGNS OF ILLNESS. THIS INCLUDES, BUT IS NOT LIMITED TO FEVER, RUNNY NOSE, COUGH, VOMITING, LICE, AND/OR SCABIES. IT IS IMPERATIVE SICK INDIVIDUALS DO NOT ATTEND NEXT STEP FOR THE SAFETY OF ALL THE INDIVIDUALS AND STAFF.

SENDING SUPPLIES

GLOVES, DIAPERS, AND WIPES NEED TO BE SENT MONTHLY IF YOUR INDIVIDUAL REQUIRES THEM FOR RESTROOMING

APPROPRIATE CLOTHING

PLEASE MAKE SURE TO SEND YOUR YOUNG ADULT IN WEATHER APPROPRIATE CLOTHING AND SHOES



HCS & TxHML NEWS

QUARTERLY CONSUMER ADVOCATE ADVISORY COMMITTEE

OUR NEXT MEETING WILL TAKE PLACE ON MARCH 28TH AT 4:15 PM AT NEXT STEP TRANSITION CENTER

WE ENCOURAGE ALL PARENTS OR GUARDIANS WITH YOUNG ADULTS ENROLLED IN SERVICES TO ATTEND

THIS IS A GREAT OPPORTUNITY TO GET ANY QUESTIONS ANSWERED THAT YOU MAY HAVE

NEW FORM 4121 FOR PAS/HAB

THERE IS A NEW PAS/HAB FORM THIS FORM COMBINES PAS/HAB AND TRANSPORTATION

IT CAN BE FOUND ON OUR WEBSITE AS WELL AS THE TEXAS HEALTH AND HUMAN SERVICES WEBSITE

IN ORDER TO VIEW AND EDIT THE FORM, YOU MUST GO THROUGH INTERNET EXPLORER AND HAVE THE MOST UPDATED VERSION OF THE ADOBE ACROBAT PDF VIEWER

STATE OF TEXAS EMERGENCY ASSISTANCE REGISTRY (STEAR)

STEAR IS A FREE PROGRAM THROUGH THE STATE OF TEXAS THAT PROVIDES LOCAL EMERGENCY PLANNERS AND RESPONDERS WITH ADDITIONAL INFORMATION ON THE NEEDS IN THEIR COMMUNITY. EACH COMMUNITY USES THE INFORMATION PROVIDED DIFFERENTLY AND REGISTERING DOES NOT GUARANTEE THAT YOU WILL RECEIVE A SPECIFIC SERVICE DURING AN EMERGENCY. IT IS RECOMMENDED THAT INDIVIDUALS WITH SPECIAL NEEDS AS WELL AS THEIR FAMILIES REGISTER.

ALL THAT IS REQUIRED TO REGISTER IS THE INDIVIDUAL'S NAME, ADDRESS, PHONE NUMBER, AND PRIMARY LANGUAGE. ALL INFORMATION IS COMPLETELY CONFIDENTIAL AND KEPT IN THE SYSTEM FOR 1 YEAR.

[REGISTER HERE FOR STEAR](#)

DON'T FORGET TO CHECK OUT OUR WEBSITE FOR ALL OF OUR CALENDARS AND ANY INFORMATION YOU MAY NEED!

[NEXT STEP TRANSITION CENTER - HOME](#)